



Workshops

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In partnership with:



Registration is Now Open!

Re-Imagine Your Life
Creative Aging Writing
Workshop
with Debbie Leaman



“Where do I belong?”

“Who am I, now that I’m not who I used to be?”

“What is my purpose?”

These are common questions we all ask as we grow older. Writing opens us up to new possibilities, helps unblock us, and reveals new pathways toward reinvention and discovery—it changes our perspective in ways that we might not have otherwise seen.

Through shared stories, guided writing prompts, readings, journaling, and other creative means, you will uncover your own personal answers, helping you find purpose and meaning in life’s next act. Creative aging means tapping into experience, wisdom and curiosity to awaken a renewed sense of self and create a fulfilling and engaged life. A goal of the class is to work on a personal essay which will provide an opportunity to share your story. No writing experience is necessary. All writing levels are welcome.

TWO WORKSHOP SESSIONS:

SESSION I:

Tuesdays, Feb. 7 - 28, 9:30 AM - 12:30 PM
Midvale Senior Center, 7550 Main Street, Midvale, UT



[CLICK HERE TO REGISTER FOR SESSION I](#)

SESSION II:

Saturdays, March 4 - 25, 10 AM - 1 PM

Art Access, 230 South 500 West, #110, Salt Lake City, UT

[CLICK HERE TO REGISTER FOR SESSION II](#)

AGE: 60+

COST: \$30

CAPACITY: 20

To inquire about fee reductions or accessibility accommodations, please contact elise@accessart.org.

The stories of all of us.

OUR MISSION: Art Access provides equal opportunities to inclusive arts programming for Utahns with disabilities and those with limited access to the arts.

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Art Access
230 South 500 West #125
Salt Lake City, Utah 84101
Phone: 801-328-0703
Website: accessart.org